

DAILY SPECIALS

Ask your waiter for today’s selections

CEREAL

COLD

corn flakes | raisin bran
all bran | bran flakes | granola
shredded wheat | special k
frosted flakes | rice krispies

served with your choice of whole milk | skim milk
sliced banana | seasonal berries

bircher muesli

freshly made toasted oats, raisins, fruit yogurt, apples, oranges, bananas, honey

HOT

cream of wheat | oatmeal

served with your choice of honey, maple syrup, cinnamon powder, brown sugar, nut selection

JUICE

orange | apple | tomato | v-8
cranberry | grapefruit
pineapple | prune

BEVERAGES

freshly brewed coffee
regular | decaffeinated

english breakfast tea
darjeeling tea | earl grey tea
assorted herbal teas
decaffeinated tea

hot chocolate

milk
whole | skim

OCEANIA SIGNATURE EGG BENEDICT

*egg benedict
poached egg, bacon, hollandaise sauce

*egg benedict florentine
poached egg, creamed spinach, bacon, hollandaise sauce

*smoked salmon egg benedict
poached egg, smoked salmon, hollandaise sauce

EXPRESS BREAKFAST

*scrambled eggs, crisp bacon
hot toast, orange juice, freshly brewed coffee

EGGS

*scrambled | *poached | *fried | *hard boiled | *soft boiled

OMELETS

*plain | *cheese | *ham | *smoked salmon | *onion | *combination

SIGNATURE OMELETS

*spanish ✓
onions, potatoes, tomatoes, bell pepper, parsley

*western
onions, ham, tomatoes, bell peppers, cheddar cheese

*fine herbs ✓
parsley, chives, tarragon, chervil

*countryside
potatoes, goat cheese, bacon, parsley, cheddar cheese

*keto
egg whites, smoked salmon, mushrooms, avocado, tomatoes, mozzarella, pancetta

AVOCADO TOAST

classic avocado ✓
avocado, rustic farmer’s bread

*huevos ✓
avocado, poached egg, sundried tomato, pomegranate
pumpkin seeds, rustic farmer’s bread

GALLEY

COLD

*smoked salmon, cream cheese

assorted cold cuts

assorted cheese

HOT

*breakfast steak

*grilled lamb chops

*broiled kippers

SWEET TREATS

pancakes ✓
plain | buckwheat blueberry | banana | pecan | swedish | chocolate chip

waffle ✓ | french toast ✓

SIDE DISHES

berner rösti ✓ | hash browns ✓ | grilled tomatoes ✓

sautéed mushrooms ✓ | corned beef hash | canadian bacon

bacon crispy | grilled | turkey bacon | sausage link pork | turkey

HEALTHY MORNING

smoothie of the day 🌿

banana-oat pancake 🌿
berries, maple syrup [351/tr/4]

green apple muesli 🌿
fresh almond mylk, pistachios, pecans, yellow raisins [289/4/6]

blueberry chia yogurt 🌿
tropical granola [220/12/1]

yogurt
fruit | plain | greek

yogurt parfait
plain yogurt, fresh berries, granola

FRUIT

assorted seasonal fruit 🌿
[75/tr/1]

vanilla-infused fruit salad 🌿
[94/tr/3]

assorted berries 🌿
[75/tr/1]

sliced grapefruit 🌿
[52/tr/2]

FRUIT IN SYRUP

apricots | peaches | pears
kadota figs | prunes

BAKERY

french croissant
brioche

pain au chocolat
danish pastries
assorted muffins

sticky bun
bread rolls
poulichette baguette
bagel

toast
white | rye | whole wheat
sourdough | pumpernickel

served with assorted jams, orange marmalade, honey and butter

🌿 plant-based

✓ lacto-ovo vegetarian

[calories / fat grams / fiber grams]

Reflecting the holistic approach of the Aquamar Spa + Vitality Center, these exceptionally light, healthy and flavorful options are designed to nourish your body and support your wellness.

*Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.